






	<b>Deutscher Name</b>	<b>Englischer Name</b>	<b>Lateinischer Name</b>	
A	Alant	elecampane	<i>Inula helenium</i>	
	Ampfer	patience dock	<i>Rumex</i>	
	Andorn	horehound	<i>Marrubium vulgare</i>	
	Angelika	angelica	<i>Angelica archangelica</i>	
	Anis	anise	<i>Pimpinella anisum</i>	
	Arnika	arnica	<i>Arnica montana</i>	
	Artischocke	globe artichoke	<i>Cynara cardunculus</i>	
	Ashwagandhawurzel	ashwagandha	<i>Withania somnifera</i>	
	B	Baldrian	valerian	<i>Valeriana officinalis</i>
		Bärentraubenblätter	bear berry leaves	<i>Arctostaphylus uva-ursi</i>
Balsamkraut		balsam herb	<i>Tanacetum balsamita</i>	
Basilikum		sweet basil	<i>Ocimum basilicum</i>	
Beinwell		comfrey	<i>Symphitum officinale</i>	
Benediktenkraut		herb bennet	<i>Cardui benedicti</i>	
Bibernelle, kleine		burnet saxifrage	<i>Pimpinella saxifraga</i>	
Birkenblätter		birch leaves	<i>Betulasp.</i>	
Blutwurzel		tormentil	<i>Potentilla erecta</i>	
Bockshornklee		fenugreek	<i>Trigonella foenum-graecum</i>	
Bohnenkraut		annual savory	<i>Satureja hortensis</i>	
Brausenf		indian mustard	<i>Brassica juncea</i>	
Brennnessel		nettle	<i>Urtica dioica</i>	
Brombeerblätter		blackberry leaves	<i>Rubus sectio rubus</i>	
Brunnenkresse		water cress	<i>Nasturtium officinale</i>	
Buccoblätter		buchu	<i>Agathosma betulina</i>	
Buchweizen		buckwheat	<i>Fagopyrum esculentum</i>	
C		Cistus (Zistrose)	cistus	<i>Cistus incanus</i>
		Cranberry (Moosbeere)	cranberry	<i>Vaccinium macrocarpon</i>
D		Dill	dill	<i>Anethum graveolens</i>
E	Eichenrinde	oak bark	<i>Quercus cortex</i>	
	Eibisch	marsh mallow	<i>Althaea officinalis</i>	
	Erbsenkraut	peas	<i>Pisum sativum</i>	
	Erdbeerblätter	strawberry leaves	<i>Fragaria officinalis</i>	
	Estragon	tarragon	<i>Artemisia dracunculus</i>	
	Eukalyptus	eucalyptus	<i>Eucalyptus globulus</i>	
	F	Fenchel bitter und süß	fennel	<i>Foeniculum vulgare</i>
		Flohsamen	blond plantain	<i>Plantago psyllium</i>
		Frauenmantel	lady's mantle	<i>Alchemilla vulgaris</i>
	G	Galgant (echter)	galangal	<i>Alpinia officinarum</i>
Gänsefinger		silverweed	<i>Potentilla anserina</i>	
Geißraute		goat's rue	<i>Galega officinalis</i>	
Gerstengras		barley grass	<i>Hordeum vulgare</i>	
Gliederkraut		ironwort	<i>Sideritis syriaca</i>	
Goldmelisse		crimson beebalm	<i>Monarda didyma</i>	
Goldrute		goldenrod	<i>Solidago (S. gigantea, S. virgaurea)</i>	
Guaranasamen		guarana seed	<i>Paullinia cupana</i>	
Gundelrebe (Gundermann)		ground ivy	<i>Glechoma hederacea</i>	
H		Hafer	oats	<i>Avena sativa</i>
	Hagebutte	roseship	<i>Rosa canina</i>	
	Hanf	hemp	<i>Cannabis sativa</i>	
	Hauhechelwurzel	restharrow	<i>Ononis spinosa</i>	



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	Heidekraut	heather	<i>Calluna vulgaris</i>
	Heidelbeere	blueberries	<i>Vaccinium myrtillus</i>
	Hibiskusblüten	hibiscus	<i>Hibiscus sabdariffa</i>
	Himbeerblätter	raspberry leaves	<i>Rubus idaeus</i>
	Hirtentäschelkraut	chinese cress	<i>Capsella bursa-pastoris</i>
	Holunder	elder	<i>Sambucus nigra</i>
	Honigbuschzweigspitzen	honeybush	<i>Cyclopia ssp.</i>
I	Ingwer	ginger	<i>Zingiber officinale</i>
J	Johannisbeerblätter	currant leaves	<i>Ribes nigrum</i>
	Johanniskraut	St. John's wort	<i>Hypericum perforatum</i>
K	Kakaoschalen	cocoa shell	<i>Theobroma cacao</i>
	Kamille	chamomile flowers	<i>Matricaria chamimilla</i>
	Kapuzinerkresse	indian cress	<i>Tropaelum majus</i>
	Kardamom	cardamom	<i>Elettaria cardamomum</i>
	Karotten	carrot, pomace	<i>Daucus carota subsp. Sativus</i>
	Kerbel	chervil	<i>Anthriscus cerefolium</i>
	Knoblauch	garlic	<i>Allium sativum</i>
	Königskerze	mullein	<i>Verbascum densiflorum</i>
	Koriander	coriander	<i>Coriandrum sativum</i>
	Kornblumenblüten	corn flowers	<i>Centaurea cyanus</i>
	Kreuzkümmel	cumin	<i>Cuminum cyminum</i>
	Kümmel	caraway	<i>Carum carvi</i>
	Kurcuma	curcuma	<i>Curcuma longa</i>
L	Lauch	leek	<i>Allium ampeloprasum</i>
	Lavendelblüten	lavender flowers	<i>Lavendula angustifolia</i>
	Leinsaat	linseed	<i>Linum usitatissimum</i>
	Lemongras	lemon grass	<i>Cymbopogon citratus</i>
	Liebstockblatt	lovage	<i>Levisticum officinale</i>
	Linde	tilia	<i>Tilia ssp.</i>
	Lorbeer	bay laurel	<i>Laurus nobilis</i>
	Löwenzahn	dandelion	<i>Taraxum officinale</i>
	Luzerne	alfalfa	<i>Medicago sativa</i>
M	Majoran	marjoram	<i>Origanum majorana</i>
	Malve	common mallow	<i>Malva sylvestris</i>
	Mariendistel	milk thistle	<i>Silybum marianum</i>
	Mate	mate	<i>Ilex paraguariensis</i>
	Mistelblätter	mistletoe	<i>Viscum album</i>
O	Oregano	oregano	<i>Origanum vulgare</i>
P	Paprikagewürz	spanish pepper	<i>Capsicum annum</i>
	Passionsblume	passion flower	<i>Passiflora incarnata</i>
	Pastinake	parsnip	<i>Pastinaca sativa</i>
	Petersilie	parsley	<i>Petroselinum crispum</i>
	Pfefferminze	peppermint, mint	<i>Mentha piperita</i>
	Preiselbeere	cowberry (lingonberry)	<i>Vaccinium vitis-idaea</i>
	Primel (Schlüsselblume)	cowslip	<i>Primula</i>
Q	Quecke	couchgrass	<i>Elymus repens</i>
	Quendel (Thymiane)	wild thyme	<i>Thymus pulegioides</i>
R	Ringelblumen	marigold	<i>Calendula officinalis</i>
	Rosenblüten	rose leaves	<i>Rosa folium</i>
	Rosmarin	rosemary	<i>Rosmarinus officinalis</i>
	Rotklee	red clover	<i>Trifolium pratense</i>



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	Salbei	sage	<i>Salvia officinalis</i>	
	Sanddorn	sea-buckthorn	<i>Hippophae rhamnoides</i>	
	Schabzigerklee	sweet trifoil	<i>Trigonella caerulea</i>	
	Schachtelhalm	horse tail	<i>Equisetum arvense</i>	
	Schafgarbe	yarrow, milfoil	<i>Achillea millefolium</i>	
	Schlehe	blackthorn	<i>Prunus spinosa</i>	
	Schnittlauch	chives	<i>Allium schoenoprasum</i>	
	Sellerie	celery (marshwort)	<i>Apium graveolens</i>	
	Senfsaat gelb, braun, schwarz	indian & black mustard	<i>Sinapis alba, Brassica nigra</i>	
	Sonnenhut	echinacea	<i>Echinacea angustifoli, purpurea, palida</i>	
	Spinat	spinach	<i>Spinacia oleracea</i>	
	Spitzwegerich	ribwort plantain	<i>Plantago lanceolata</i>	
	Stiefmütterchen	pansy	<i>Viola ssp.</i>	
	Süßholz	liquorice	<i>Glycyrrhiza glabra</i>	
	Thymian	thyme	<i>Thymus vulgaris</i>	
	Trester	pomace		
	Wacholder	juniper	<i>Juniperus communis</i>	
	Walnussblätter	walnut leaves	<i>Juglans regia folium</i>	
	Weidenrinde	willow	<i>Salix alba</i>	
	Weidenröschen	epilobium	<i>Epilobium parviflorum</i>	
	Weißdorn	hawthorn	<i>Crataegus monogyna</i>	
	Wermut	absinth	<i>Artemisia absinthium</i>	
	Wilde Karde	wild teasel	<i>Dipsacus fullonum</i>	
	Winterhecke	welsh onion	<i>Allium fistulosum</i>	
		Ysop	hyssop	<i>Hyssophus officinalis</i>
			Zitronenmelisse	lemon balm
Zitronenverbene	lemon beebrush		<i>Aloysia citrodora</i>	
Zwiebeln	onion		<i>Allium cepa</i>	

